

Welcome to Hand & Foot Haven, a private and professional spa nestled in the forest on South Whidbey Island. Conveniently located between Clinton, Freeland and Langley, I'm pleased to offer a luxurious retreat for island residents and visitors alike.

"I opened Hand & Foot Haven as an upscale and personal alternative to mainstream nail salons. I believe that a private spa environment is an ideal setting for a high quality hand and foot care experience. I love what I do, and invite you to take pleasure in being pampered!"



ESSENTIAL MANICURE \$30
Enjoy having your hands pampered in a quiet and relaxing atmosphere. This treatment begins with clipping, filing and shaping the nails as well as cuticle care. Next, is a gentle exfoliating scrub to the hands and forearms, followed by a reflexology-based massage. Polishing or buffing the nails for a natural shine finishes this essential service.
45 minutes

ULTIMATE MANICURE \$40
Nourish your hardworking hands as this treatment begins with clipping, filing and shaping the nails, as well as cuticle care. Next, is a gentle exfoliating scrub to the hands and forearms, followed by a warm paraffin dip to deeply hydrate and moisturize. This ultimate hand and nail service finishes with a relaxing reflexology-based massage, along with polishing or buffing the nails for a natural shine.
60 minutes

ESSENTIAL PEDICURE \$40
Experience total relaxation from the comforts of a fully reclining spa chair. This treatment begins with a sea salt foot soak. The nails are then gently clipped, filed and shaped, as well as cuticle care and smoothing of calluses. Next, is an invigorating exfoliating scrub to the feet and calves, followed by a relaxing reflexology-based massage. Polishing or buffing the nails for a natural shine is the finishing touch.
60 minutes

ULTIMATE PEDICURE \$50
Prepare to be pampered from the comforts of a reclining spa chair. This treatment begins with a sea salt foot soak. The nails are then gently clipped filed and shaped, as well as cuticle care and smoothing of calluses. Next, is an invigorating exfoliating scrub to the feet and calves, followed by a warm paraffin dip to deeply hydrate and moisturize. Finish with a relaxing reflexology-based massage, along with polishing or buffing the nails for a natural shine.
75 minutes

THE DELUXE MANI/PEDI \$80
Indulge yourself with this deluxe mani/pedi combo. Receive both the Ultimate Manicure and the Ultimate Pedicure, all from the comfort of a deluxe spa chair. Treat yourself to 90 minutes of luxurious attention to the hands and feet- it's worth it!
90 minutes

HEALING SOLES \$40
Rejuvenate your mind and your tired feet with 45 minutes of indulgence. The lavish attention begins with a sea salt foot soak, followed by an invigorating foot and calf exfoliating scrub. Next is a soothing and hydrating paraffin dip. Enjoy having your hands and forearms massaged while your feet are moisturizing in the warm paraffin. A tension relieving reflexology-based massage to the feet and calves completes this treatment.
45 minutes

Langley, Washington
by appointment only
360.000.0000

*Hand & Foot
Haven*

PRICES AND SERVICES

Essential Manicure	\$30
Ultimate Manicure	\$40
Essential Pedicure	\$40
Ultimate Pedicure	\$50
The Deluxe Mani/Pedi	\$80
Healing Soles	\$40

EXTRA ATTENTION

French polish	\$5
Polish change	\$15
Natural nail repair	\$10
Extra massage 10 min	\$10

First time guests receive
\$10.00 off any service

Gift certificates are available

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Langley, Washington

www.yourwebsite.com

by appointment only

Hand & Foot Haven

Specializing in Luxurious Spa
Manicures and Pedicures

